

Waiver of Liability

In consideration for the acceptance of this entry fee for the race of September 15, 2013 in Miamisburg, Ohio, I myself, my executors, administrators, heirs assigns, so hereby release and discharge the City of Miamisburg, Five Rivers Metro Parks, Miami Conservancy District, Humane Society of Greater Dayton, Speedy Feet or any of the sponsors from any and all claims, damages, or liabilities of any kind whatsoever in any manner arising or growing out of my participating in said athletic event. I attest and guarantee that I have full knowledge of the risks involved and I am physically fit and sufficiently trained to participate in said athletic event. **Photo Release:** I do hereby grant and give the City of Miamisburg and Speedy Feet the right to use my photograph or image taken as a result of my participation in the above listed program (s), with or without my name.

Signature:

If minor, parent signature required:

Date: _____



HUMANE SOCIETY
OF GREATER DAYTON



The City of Miamisburg
Parks and Recreation
Department is a Nationally
Accredited Agency
since 2004



**INTEGRATIVE HEALTH +
SPORTS PERFORMANCE**
Chiropractic • Massage • Sports Rehabilitation



Miamisburg Parks & Recreation
937.866.4532

Come help us support the Humane Society of Greater Dayton by joining us for a 5K for dogs and the people they own. This accurate 5K course is on the scenic and flat recreation trail along the Great Miami River. The course starts and finishes in Miamisburg's Riverfront Park.



10 a.m.

Sunday, September 15

Riverfront Park

3 N. Miami Ave.

www.PlayMiamisburg.com
or www.speedy-feet.com



5K-9 Run, Walk and Wag in Conjunction with the Canine Carnival



The 5k-9 Run, Walk and Wag is held in conjunction with the 9th Annual Canine Carnival. Runners and walkers are invited to bring their dogs and participate in this 5K to help support **The Humane Society of Greater Dayton.** After the 5k-9, stay for the Canine Carnival and enjoy vendors specializing in health, wellness, and canine services, an off-leash play zone, wiener dog race, dog costume contests, dog/owner look-a-like, concessionaires and more. Call 937-866-4532 for more information.

For the safety of our 5K-9 participants please adhere to the following:

Only one dog per runner/walker.

All dogs must be on a leash, not to exceed 6 feet.

No retractable leashes please.

Age groups: Male and female: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over.

Awards presented to the top three places in each age division (male and female) and top three (3) overall walkers.

Packet pick-up at 9 a.m. race day.

Chip Timing and Door Prizes

Water stops along course for dogs and their owners.

Refreshments after the Race.

Chair massage, stretching and other soft-tissue treatments by Integrative Health and Sports Performance.

Registration Fees:

Early Bird: \$15 before Friday, August 2, (t-shirt guaranteed)

\$20 after Friday, August 2 (t-shirt guaranteed)

\$25 after Friday, August 30, (t-shirt & size not guaranteed)

Mail Entries:

City of Miamisburg Parks and Recreation
10 N. First St., Miamisburg, OH 45342

2013 Registration Form

Last name: _____

First name: _____

E-mail: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Age on race day: _____

Male: _____ Female: _____

Walker: _____ Runner: _____

Dog: Yes _____ No: _____

Please limit one dog per runner/walker

Adult Shirt Size:

S ___ M ___ L ___ XL ___ XXL ___

Youth Shirt Size:

YS ___ YM ___ YL ___

**Register online
at www.speedy-feet.com
On-site Registration
9 a.m. Race Day**